



**Two New CD Offerings from the Center of Timeless Being of  
Talks Given by Dr. Richard Miller**

**Your Path, The Buddha's Path  
&  
Awakening To Your True Nature: The Final Teachings**

The Center of Timeless Being is pleased to announce the release of two CD's of talks given by Dr. Richard Miller: *Your Path, The Buddha's Path* and *Awakening To Your True Nature: The Final Teachings*.

These two presentations by Richard Miller are essential listening for everyone engaged with the nondual wisdom tradition and the meditative teachings of Integrative Restoration (iRest). Richard clearly describes the comprehensive process of meditation and our ultimate awakening to true nature as pure Being. These two CDs will undoubtedly become classic aids in the journey to Awakening.

In *Your Path, The Buddha's Path*, Richard describes the inclusive teachings of unqualified nondualism as he skillfully traces the path of awakening laid out by Samkhya, Patanjali, Advaita and the teachings of Buddha. In clear, precise and understandable language, Richard invites the listener into a profound understanding of the nondual path of meditation that has been developed over centuries and that underlies his meditative teachings of iRest. In this talk Richard reveals the numerous signposts that show the seeker's location on the pathless path to Awakening.

In *Awakening To Your True Nature: The Final Teachings*, Richard takes the listener on a meditative journey that explores the magnitude of our belief that we exist as a separate Ego-I, and our ultimate release into the vast Stillness of Awakening beyond the confines of personal identity. The Sheath of I-ness or personal identity, presented in this talk as the Asmitamaya Kosha, is Richard's unique contribution to the nondual wisdom tradition as presented in his teachings of iRest. Join Richard as he skillfully leads us through the Asmitamaya Kosha, providing a detailed understanding of our identification with the Ego-I thought and its ultimate usefulness in helping us awaken to our true nature.

Scheduled for release in the fall of 2008, each CD will retail for \$15 (plus shipping). As a pre-release offering, CTB is pleased to extend a reduced price of \$22 (plus shipping) for both CDs on pre-production orders received before November 15<sup>th</sup>.

To reserve your copies of *Your Path, The Buddha's Path* and *Awakening To Your True Nature: The Final Teachings*:

Order Online: [www.nondual.com/publications.html](http://www.nondual.com/publications.html); then click on 'Secure Online Order Form' or order at the CTB Office: [sue@nondual.com](mailto:sue@nondual.com) or Phone: (707) 876-3380

We look forward to sharing these exquisite talks with all who seek a deeper understanding of the nondual teachings and iRest meditation, and our Awakening to true nature. We know you will listen to these recordings over and over again, gaining new insights with each listening.